

# DH RANCH



## **Team Building Indigenous and Diversity Awareness Education Truth and Reconciliation: Call to Action #92**

Location: DH Ranch  
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# DH RANCH



**Sonya Dodginghorse**  
**DH Ranch, Owner/Facilitator**  
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www.dhranch44.com

Sonya Dodginghorse is the owner of DH Ranch, she merges her expertise in teaching with her love for horses to offer unique programs that promote Indigenous culture and history. With 21 years of experience as a teacher and a Bachelor of Education, Sonya is dedicated to using her skills to help others heal and grow through horse-assisted programs. She is also pursuing an Addictions Counselor certificate to expand her knowledge and impact. As a professional barrel racer and two-time INFR World Barrel Racing Champion, Sonya is a role model and advocate for Indigenous people. Through Intergenerational Healing retreats, Sonya uses the power of the horse spirit to empower and inspire the next generation.





# DH RANCH



Brent Dodginghorse

**Co-Owner/Facilitator**

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dhranch44.com

Brent Dodginghorse is a former professional hockey player who has also made a significant impact in his community through his work on council and as an advocate for youth. As a professional hockey player, Brent had a successful career on the ice, earning recognition for his skill and dedication. After retiring from professional hockey, he turned his attention to serving his community, and was elected to council where he served for nearly 2 decades. In addition to his work on council, Brent is also a two-time steer wrestling world champion, and he used his platform and influence to become an advocate for youth in his community. He is passionate about educating the next generation about racism, indigenous culture, and diversity, and works tirelessly to create a more inclusive and equitable community for all. Throughout his life, Brent has been a role model and leader, both on and off the ice. His dedication to his community and commitment to making a positive impact is an inspiration to many.





# DH RANCH

*Dodginghorse*

## ABOUT DH RANCH

At DH Ranch, we believe in the power of nature and the spirit of the horse to promote greater respect and appreciation for culture, history, and understanding. Our 25-acre property, located in the heart of the beautiful Tsuut'ina Nation, offers a peaceful retreat from the hustle and bustle of everyday life.

We are surrounded by wide-open spaces and a natural forest, including Fish Creek, DH Ranch is the perfect place to unplug from technology and reconnect with nature. Our guests can breathe in the fresh air, take a leisurely walk, or even participate in one of our unique cultural programs.

We offer a variety of programs at DH Ranch, including team building for corporations and organizations, birthday parties, retreats for men and women, indigenous and diversity awareness education, day camps, and more.

Whether you're looking to bond with your team, celebrate a special occasion, or simply escape the stresses of everyday life, DH Ranch has something for everyone. We invite you to come and experience the beauty and serenity of our property, and discover the power of the spirit of the horse to promote greater understanding and appreciation for culture and history.



## Community Profile



The Tsuut'ina Nation, is an Indigenous community located in the foothills of Alberta, Canada. The Nation is home to over 6,800 citizens, with a diverse population of Indigenous peoples including the Blackfoot, Stoney, and Cree. The Tsuut'ina Nation is known for its rich culture, history, and traditions, which are deeply connected to the land and its resources.

The community is situated in a rural area, with a mix of traditional and modern housing. Many families still rely on hunting, fishing, and farming for sustenance, and traditional practices such as ceremony, storytelling, and regalia making are still an important part of the community.

The Nation has a strong sense of community and family, with a focus on the well-being of its members. The Nation has a variety of programs and services that focus on health and wellness, including mental health support, youth and family services, and traditional healing practices.

Education is a priority for the Nation, with a focus on both traditional and modern forms of learning. The Nation operates its own school, the Tsuut'ina Nation School, which offers a curriculum that incorporates traditional Indigenous knowledge and teachings.

The Nation is also committed to preserving its culture and language. The Tsuut'ina language is still spoken by many community members, and there are programs in place to ensure its continuation.

Overall, the Tsuut'ina Nation is a strong, resilient community that is deeply connected to its culture, land, and traditions. The community is committed to the well-being and empowerment of its youth and is always looking for ways to support and improve the lives of its citizens.

## Truth and Reconciliation: Call to Action #92

### Business and Reconciliation

We call upon the corporate sector in Canada to adopt the United Nations Declaration on the Rights of Indigenous Peoples as a reconciliation framework and to apply its principles, norms, and standards to corporate policy and core operational activities involving Indigenous peoples and their lands and resources. This would include, but not be limited to, the following:

- i. Commit to meaningful consultation, building respectful relationships, and obtaining the free, prior, and informed consent of Indigenous peoples before proceeding with economic development projects.
- ii. Ensure that Indigenous peoples have equitable access to jobs, training, and education opportunities in the corporate sector, and that Indigenous communities gain long-term sustainable benefits from economic development projects.
- iii. Provide education for management and staff on the history of Indigenous peoples, including the history and legacy of residential schools, the United Nations Declaration on the Rights of Indigenous Peoples, Treaties and Aboriginal rights, Indigenous law, and Indigenous Crown relations. This will require skills based training in intercultural competency, conflict resolution, human rights, and anti-racism.

Read the Full TRC Report

The Full Report is available at [www.http://www.trc.ca](http://www.trc.ca)



Truth and  
Reconciliation  
Commission of Canada





# DH RANCH

## Schedule for 10 or 20 People

**9AM**

Land Recognition, Welcome, Prayer, House Keeping

**9:30 AM**

### **Spirit of the Horse Team Building**

The Horse Spirit symbolizes the power of communication and its associated skills such as speaking, listening, perception and comprehension. The spirit will serve as a mentor, imparting these gifts to the team to enhance their effectiveness in expressing themselves and understanding others.

**10:30 AM**

### **Power of a Circle**

The team will reflect on their experience working with the horses, and the importance of being a part of the circle.

**11 AM - Break**

**11:15 AM - 12:15 PM**

### **Cultural Activity - Based on Availability**

Craft/Xanitii (Buffalo Teachings)/Harvesting Tipi Poles/Dry Meat Making

**12:15-1:00 - Catered Lunch**

**1:00 - 1:45 PM**

### **Indigenous and Diversity Awareness Presentation**

Stories of the Indian Residential Schools, Treaty 7 Territory, and Tools to take home.

**2:00 - 3:00 PM**

### **Traditional Hand Games**

Game of Trickery and Joy



# DH RANCH

## REQUEST A QUOTE

Organization: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

How Many Staff: \_\_\_\_\_

Booking Date Option 1: \_\_\_\_\_ Booking Date Option 2: \_\_\_\_\_

What is the goal for your team:

\_\_\_\_\_  
\_\_\_\_\_

**Lunch:** Participants are welcome to bring their lunch and eat at the ranch or we do offer catering for \$30.00 per person. We have several picnic areas at the ranch to enjoy your lunch outdoors.

**Catered Lunch:** Yes/ No

**Food Allergies:** \_\_\_\_\_

**Ability Accommodations:** Yes/No: \_\_\_\_\_

### Safety:

- Carpool to Save on Parking Space
- Dress for the Weather; No open toed shoes
- Please ensure participants do not have any serious allergies to horses, dust, dogs, and bees.
- Please fill out the Safety & Waiver Forms on our website. You may bring the forms on the day of event: Forms | DH RANCH (dhranch44.com)
- Once this form is received, we will build an agenda, and provide you with a quote for your special day at the ranch.
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- Send via email to dhranch44@gmail.com

